APRIL 2022

- 1. Small Talks Campaign Sign
 2. PH Week: Yoga & Meditation Session
 3. 'Community Convening' BRAIN storming
 4. PH Week: Community Food Pantry Donations
 5. Intergenerational bonding event
 6. Vision screening with Plus Optix device













Communicable Disease

- Greendale Health Department (GHD) was notified of 100 new COVID-19 cases during the month of April.
 - Stay <u>"up-to-date"</u> with COVID vaccinations. Stay home if sick and consider <u>getting tested</u> for COVID-19, wash your hands frequently, cover your coughs and sneezes, wear a mask when <u>community level</u> is considered "<u>high</u>". If you test positive, speak with your healthcare provider right away to determine if you would be a good fit for COVID-19 treatment.

Chronic Disease

- Members and stakeholders of the Greendale community spent the morning together BRAIN-storming on how we can continue to **support brain health** and prevent cognitive decline in our community.
 - Participants included the National and Wisconsin Alzheimer's Association, National Association of City and County Health Officials (NACCHO), Public Health Center of Excellence on Dementia Risk Reduction, MKE Co. Aging and Disability Resource Center, Greendale Health Department, Greendale Trustee, Park and Rec, Greendale Schools, Wisconsin Institute of Healthy Aging (WIHA), Southwest YMCA, Walgreen Pharmacy, physical therapist, yoga instructor, acupuncturist, local church pastor, dementia care specialist, and college student. Read the May edition of the Dementia Friendly Greendale Newsletter for more information regarding these "Community Convenings".
- To encourage **physical activity** and contribute to **mental wellness**, Step Up to Better Health workgroup has been working on the 2022 Step Up to Better Health Summer Passport.
 - You can pick up a passport at the health department, library, or park and rec starting June 1st.
 - o If you can't pick up a passport in person, or would prefer to complete digitally, check the <u>Step Up to Better</u> <u>Health portion of our webpage</u> for QR code.

Community Alliance

- Coalition has been meeting monthly now- current members and those interested in joining are welcomed to attend.
 Next meeting: Tuesday, June 14th from 5:30-7pm at the Hose Tower
- A subcommittee worked on developing content and resources for families to develop their own <u>Exit Plan</u>: A plan that kids and teens can use to **get out of 'sticky' situations**. Their content is live on the <u>Community Alliance website</u>.
- To work towards a vision of an empowered and informed community, check out the online <u>community resource</u> <u>guide</u> for medication, drugs, alcohol, and mental health **resources**.
- Donations were secured to fund reflective **pedestrian safety vests** for residents to pick up for free. Enjoy the longer days and nicer weather by picking up your free reflective vest at the Greendale Police Department.
- Preparing for **Clean and Green Day** in Greendale on May 21st from 9-11am. Registration not required, but appreciated, to ensure enough supplies. https://forms.gle/o5kjGXBYKyRVFLjr6

Maternal, Child and Family Health

- During National Public Health Week, our community donated **over 330 pounds of non-perishable food** items for our local food pantry, which is house at St. Alphonsus.
 - Those who need food assistance are encouraged to call the St. Al's food pantry at 414-514-4400 or call 2-1-1 for food and other resources.

Mental Health

- Our mental health workgroup worked on strategic planning, the vision, mission, and values statements, and planning for initiatives
- May is **Mental Health Awareness Month** and the workgroup collaborated with the Library to create <u>two displays</u> highlighting mental health and emotional intelligence.

^{*}This list is not all encompassing, but contains health department highlights

Greendale Health Department Board of Health Report 04/2022

| Communicable Disease Control and Prevention: | | | | Hours/Mo | YTD | 21 YTD | |
|---|--------|-----|--------|--------------------------------|--------|--------|--------|
| Adult and childhood immunizations; follow up on communicable disease cases; community | | | | | | | |
| education on topic | | | 167.5 | 1151.75 | 2819.5 | | |
| Immunizations | Counts | YTD | 21 YTD | Communicable Disease | Counts | YTD | 21 YTD |
| Age 0-18 Clients | 0 | 2 | 62 | Mycobacterial | 1 | 3 | 4 |
| Age 0-18 Immunizations | 0 | 2 | 66 | Food/water borne | 0 | 1 | 1 |
| Age 19+ Clients | 0 | 81 | 4746 | Sexually Transmitted Infection | 6 | 12 | 6 |
| Age 19+ Immunizations | 0 | 82 | 4916 | Other | 2 | 9 | 0 |
| Total Clients | 0 | 83 | 4808 | COVID-19 | 100 | 1084 | 249 |
| Total Immunizations | 0 | 84 | 4982 | | | | |

| Chronic Disease Prevention/Management | | YTD | 21 YTD |
|---|-------|-----|--------|
| Tobacco prevention; high blood pressure screenings; community education on arthritis; | | | |
| dementia; cancer; diabetes; heart disease; and strokes | 135.5 | 328 | 13.5 |

| Maternal Child Health: | Hours/Mo | YTD | 21 YTD |
|--|----------|-----|--------|
| Prenatal & infant visits; hearing/vision screening; child safety; child development screening; | | | |
| community education on topic | 34 | 189 | 36 |

| Environmental Health: | | YTD | 21 YTD |
|---|------|-----|--------|
| Food outbreaks; radon; asbestos; mold; complaints; community education on | | | |
| environmental health topics | 16.5 | 85 | 19.5 |

| Emergency Preparedness: | | YTD | 21 YTD |
|--|------|-------|--------|
| Volunteer management; plan for & exercise annual flu clinic at high school; identify | | | |
| emergency plans for vulnerable populations | 64.5 | 135.5 | 276.5 |

| Community Health Improvement Workgroups | | YTD | 21 YTD |
|---|--------|---------|--------|
| The workgroups include: Community Alliance, Step Up to Better Health, Successful Aging in | | | |
| Greendale for Everyone (SAGE) and Mental Health. | 436.25 | 1446.25 | 931 |

| Volunteer Hours | Hours/Mo | YTD | 21 YTD |
|--|----------|-----|--------|
| Tracks volunteer hours in order to measure the work being done to support health | | | |
| department activities | 145 | 372 | 1000 |

| Vital Statistics/Surveillance/Administrative | | | |
|--|--------|-----|--------|
| Reports | Counts | YTD | 21 YTD |
| Birth Reports | 10 | 41 | 39 |
| Death Reports | 10 | 67 | 61 |

