

CITY OF TONAWANDA
SENIOR CITIZEN CENTER
35 Main Street, Tonawanda NY 14150-2105
716.692.7029

Return Service Requested

STD
U.S. Postage
PAID
Tonawanda, NY
Permit No. 207

Time Value
November 2024

CENTER HOURS

Monday - Friday 9:00am - 3:30pm

Tuesdays open until 7:30pm

**We will be closed Monday, 11/11
In honor of Veteran's Day,
Thank you Veterans
&**

**Thursday & Friday, 11/28 & 11/29
For the Thanksgiving Holiday**

Save the Date (Upcoming):

Annual Christmas Party: December, 12th



Important Membership Information

Our membership dues are up as of January 1st, 2025. Please come in to pay your membership fee if you would like to continue to be a member of our Center. Residents are \$5/year and non-residents of the City of Tonawanda are \$10.

In order to participate in our Center's activities, you must be a member. Your membership fees play a big role in helping us offer a wide range of engaging events and activities at discounted prices to our beloved members.

Buffalo Bills September Schedule

- ~ Sunday, Nov. 3rd **Dolphins**, 1:00pm
- ~ Sunday, Nov. 10th @ **Colts**, 1:00pm
- ~ Sunday, Nov. 17th **Chiefs** 4:25pm
- ~ Sunday, Nov 24th **Bye Week**



Upcoming City Events (December)

It's a Wonderful Night

Friday December 6th 5:00-9:00pm

Join us on Main St for a holiday celebration as the City of Tonawanda Presents it's a Wonderful Night. A night full of vendors, food, family activities, merchant deals, Santa Visits & More. Check out the light pole decorating contest and join us for community caroling down to Clinton Park for tree lighting

Senior Center Events and Happenings

It's a Wonderful Night (Senior Center)

Friday December 6th 5:00pm-9:00pm

Calling All Bakers and Basket Makers!!

We're looking for donations of **gift baskets and baked goods** for our upcoming It's a Wonderful Night Event. Your Contributions will help make this holiday celebration even more special. **100%** of the money goes to our **center club** to make it possible to continue to have events, parties etc.

If you would like to contribute, please sign up on door outside office. Thank you for your support!!

Alzheimer's Presentation

Thursday, November 7th 10:30pm

Join us for refreshment and guest speaker Sarah Harlock, Program Director.

Register Today at bit.ly/AlzTonawandaNov24 or call our 24/7 helpline at 800.272.3900



ALZHEIMER'S ASSOCIATION®

**City of Tonawanda
Caregiver Support Group**
Celebrates Caregivers Month

Thursday, November 7 @ 10:30am
Tonawanda Senior Center, 35 Main St.
(This group meets here monthly on the 1st Thursday)



Join us for refreshments and guest speaker Sarah Harlock, Program Director, DENT Integrative Center for Memory

Register today at bit.ly/AlzTonawandaNov24 or call our 24/7 Helpline at 800.272.3900

Monthly Dinner

Monday, November 25th purchase \$12 tickets by Monday, November 18th

Dinner tickets are required to attend the bingo and meal portion of the evening. Reservations must be made and tickets must be paid for by **Monday, November 18th**. Walk-ins/call-ins **WILL NOT** be allowed for dinner ticket reservations.

What's on the menu? Baked Ham, Potatoes, Green Beans and Dessert

Bingo will be played at 4:00pm, dinner will be served at 5:00pm, and our Board will conduct the business meeting following dinner. You do not need to purchase tickets in order to attend the business meeting.

Safe Driver Defensive Driving Class

Thursday, November 21st, 9am - 3pm

Take the Safe Driver Academy Defensive Driving Class, and save 10% on your Auto Insurance for 3 years, plus, reduce up to 4 points from your DMV record. **This class is open to the public.** To register, please call the Center at 716.692.7029. The cost is \$35 cash or check to be paid to the instructor at the class.

Veteran's Day Breakfast

Thursday November 6th, 9:30 - 11am

Veterans, Spouses and Surviving Spouses Only. Cost is Free!!

MUST sign up to attend. Sign up on the door outside the office

American Legion Band Of Tonawanda's

Sunday November 3rd 7:30pm

Veterans Day concert at Cardinal Ohara High School Tickets cost \$10 and \$5 for Veterans.

Tickets are sold in the office at the Senior Center

Paint Night (Full)

Thursday, November 4th, 5 - 7pm

Join us for another masterpiece that you create on an 8" x 10" canvas with the help of a professional onscreen painter. Members are \$5 each. We welcome each member to bring 1 guest at the cost of \$5 as well.

Register on the door outside the office, Limited space is available. We provide all of the supplies but feel free to bring your own brushes encouraged!!

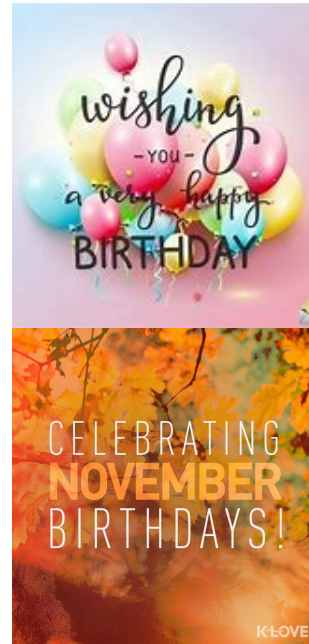
<p>28 9:30 Yoga (On the TV) 11am Line Dancing</p>	<p>29 9am Moving and Improving 9:30am Euchre 11am Scrapbook & Color 5:00pm Euchre</p>	<p>30 10:00am Movement, Balance & Strength 1pm Pinochle</p>	<p>31 9am Moving and Improving 10:30 Alzheimer Support Group 10am Art Class</p>	<p>1 9:30 Chair Yoga (On the TV) 10:45am Corn Hole 11am Wii Bowling 1pm Ballroom Dancing 2pm AI on the Microphone</p>
<p>4 9:30 Yoga (On the TV) 11am Line Dancing 12:30pm - 3:30pm Widows Supporting Widows 5pm Paint Night</p>	<p>5 9am Moving and Improving 9:30am Euchre 10am Yoga(Signed up) 11am Scrapbook & Color 5:00pm Euchre</p>	<p>6 10:00am Movement, Balance & Strength (Cancelled) 9:30 Veterans Day Breakfast (Signed up) 1pm Pinochle 1pm Silver Scribes- A writing group</p>	<p>7 9am Moving and Improving (Downstairs) 10:30 Alzheimer Presentation 10am Chair Yoga (Signed up) (Downstairs) 10am Art Class</p>	<p>8 9:30 Chair Yoga (On the TV) 10:45am Corn Hole 11am Wii Bowling 1pm Ballroom Dancing 2pm AI on the Microphone</p>
<p>11 </p>	<p>12 9am Moving and Improving 10am Yoga(Signed up) 9:30am Euchre 11am Scrapbook & Color 5:00pm Euchre</p>	<p>13 10:00am Movement, Balance & Strength 1pm Pinochle</p>	<p>14 9am Moving and Improving 10am Chair Yoga (Signed up) 10am Art Class</p>	<p>15 9:30 Chair Yoga (On the TV) 10:45am Corn Hole 11am Wii Bowling 1pm Ballroom Dancing 2pm AI on the Microphone</p>
<p>18 9:30 Yoga (On the TV) 11am Line Dancing 12:30pm - 3:30pm Widows Supporting Widows Last Day to Buy Dinner Tickets</p>	<p>19 9am Moving and Improving 9:30am Euchre 10am Yoga(Signed up) 11am Scrapbook & Color 5:00pm Euchre</p>	<p>20 10:00am Movement, Balance & Strength 1pm Pinochle 1pm Silver Scribes- A writing group</p>	<p>21 9am Moving and Improving 10am Chair Yoga (Signed up) 10am Art Class 9am Safety Driver Course</p>	<p>22 9:30 Chair Yoga (On the TV) 10:45am Corn Hole 11am Wii Bowling 1pm Ballroom Dancing 2pm AI on the Microphone</p>
<p>25 9:30 Yoga (On the TV) 11am Line Dancing Monthly Dinner 4:00pm Bingo 5:00pm Dinner 6:00pm Business Meeting</p>	<p>26 9am Moving and Improving 9:30am Euchre 10am Yoga(Signed up) 11am Scrapbook & Color 5:00pm Euchre</p>	<p>27 10:00am Movement, Balance & Strength 1pm Pinochle</p>	<p>28 </p>	<p>29</p>

HAPPY November BIRTHDAY TO THE FOLLOWING MEMBERS!

1. Sharon Hinze
4. Cindy Dattilo
Ed Hart
Susan Kick
5. June Frank
7. Ida Pause
Valerie Plotner
8. Joan Moore
9. Majorie Silvaggi
10. Marilyn Klein
11. Joan Horn
Judith Brzezinski

- Wendy Valvo
12. Victoria Dattilo
Rita Vitaris
Nancy Pohzehl
Mary Ann Gullo
13. Gerianne Ferenc
Diane McMahon
Brigid Hayes
14. Patricia Harris
Mary Ellen Roche
15. Janet Ekenhuth
17. David O'Brocta

19. Andy Wassam
20. Pat Calhoun
22. Dee Taylor
23. Amy Allen
Lori O'Neill
25. Laurie Schultz
Jean Crosby
28. Patricia Benk
29. Chris McDonald
Kenneth Clark
30. Clara Scott
Jerry Kick



City of Tonawanda Senior Center

Club Board Officers

President - Laurie Schultz

Vice President - Danell Pazik

Secretary - Chuck Stuart

Treasurer - Jeff Schultz

Board Members-

Diane MacNeil, Nancy Pohzehl, Mike Seal
Jerry Short, & Denise Young

A Warm Welcome to Our Newest Members

Laura Jones
Deborah Jaeger
Sarah Lempko
Dennis Gurnett
Mary Mulcahy
Bert Hardleben
Pat Utnehmer

Sunshine Secretary

If anyone knows of a member who is a shut in, residing in a nursing home, or is hospitalized, please call the office so we can notify our Sunshine Secretary, to have a card sent to them.

Upcoming Dates:

December 6th It's a Wonderful Night
December 12th Annual Christmas Party
December 18th Christmas Paint Night

Honoring our Heroes this **Veterans Day** - Thank you to all who the brave men and women who have served and sacrificed for our freedom



HAPPY THANKSGIVING!!



Newsletters will be Updated Monthly on tonawandany.myrec.com if you or someone else would like to see it digitally