

# Tipton County Health Department

## Services Offered

### **Baby & Me – Tobacco Free**

The program's goal is to reduce the number of low birth weight babies in Tipton County by reducing the number of women who smoke during and after their pregnancy. Women enrolled in the program attend four prenatal sessions where they receive information on smoking cessation and take a carbon monoxide breath test. If a woman quits successfully before deliver, she may come monthly to take a breath test and receive \$25 worth of diapers every month for up to 1 year as long as she stays tobacco free. There is no income requirement for this program.

### **Breast and Cervical Cancer Screenings**

This program's goal is to reduce cancer death and illness rates by assuring that breast and cervical cancer screenings, diagnostic testing, and follow-up are accessible to Tennessee women. The program puts a special emphasis on outreach to rural white, African America, and Hispanic women who are ages 50-64, low income, and are uninsured or underinsured.

### **Child Health**

Healthy children are a major priority of the health department. Well child checkups include physical exams, screening tests and immunization. Screenings are available to assure normal development and to detect and treat any medical condition for persons from birth to 21 years of age. We strongly recommend regular checkups and we make referrals for medical/dental services to be sure all children are as healthy as they can be.

### **Community Health Access and Navigation in Tennessee (CHANT)**

Navigating the complex system of health and social services can be challenging for many individuals and families, and depending on individual needs and medical diagnoses, care may involve a number of programs, providers, and personnel. To overcome these challenges, the Tennessee Department of Health recently streamlined three public health programs, Help Us Grow Successfully (HUGS), Children Special Services (CSS) and TennCare Kids Community Outreach into one integrated model of care coordination, the Community Health Access and Navigation in Tennessee (CHANT). CHANT Teams provide enhanced patient-centered **engagement**, **navigation** of medical and social services referrals, and **impact** pregnancy, child and maternal health outcomes.

### **Dental Clinic**

Dental services are provided to uninsured children and those with TennCare, under the age of 21. Adults are only seen in cases of emergency.

## **Family Planning**

Patients receive a complete physical exam and all appropriate lab tests, are taught about birth control methods and supplied with their chose method (unless there is a medical reason that would be dangerous). Many infections and other contraceptive problems can also be treated.

## **Food and General Sanitation**

Environmental specialists are responsible for inspecting food service establishments, hotel/motels, public swimming pools, bed and breakfast, childcare facilities and school plants.

## **Health Education**

A health educator is available to provide educational services to patients, schools and community groups upon request.

## **Immunizations**

Immunizations against Polio, Diphtheria, Whooping Cough, Lockjaw, Measles, Mumps, Rubella, Hemophilus, and Hepatitis B are provided for children. Influenza (flu) and Pneumonia vaccines as well as Diphtheria and Tetanus boosters are also available to adults or lasting protection against these diseases.

## **Motor Voter Program**

[Voter registration forms](#) are available and assistance is provided to complete the forms.

## **Nutrition Services**

With physician referral, our nutritionist counsels individuals with special dietary needs such as hypertension, diabetes, and weight management. Nutrition education is also provided to community agencies, groups and schools by the Health Educator.

## **Prenatal Services**

Pregnancy testing and referrals are available.

## **Primary Care**

Provide medical consultation and care to uninsured and uninsurable at a \$5.00 minimum fee. Education, medical exams, lab test, and some medicines and supplies for people who meet eligibility requirements are provided. These services are designated primarily for individuals who are 19-64 years of age.

## **Vital Records**

Persons born in Tennessee after 1949 may obtain a certified copy of their birth certificate Monday through Friday, from 8am – 4pm. Others born before 1949 may obtain an application form and forward to the Division of Vital Record in Nashville. Other than the person named on the certificates, certified copies may only be issued to a spouse, parent/legal guardian, or child of person named on the certificate. If you need a copy of a birth certificate, please bring this [completed form](#) to the health department.

Certified copies of death certificates can also be obtained through the registrar. A small fee is charged for copies of birth and death certificates. Paternity acknowledgement for the birth certificate can also be obtained at this location.

### **Sexually Transmitted Diseases (STD)**

The health department provides FREE confidential testing and treatment for syphilis, gonorrhea, chlamydia, and HIV. Contact follow-up conducted to avoid further spread of disease. Services are available without parental consent.

### **Tuberculosis Control**

Diagnosis, treatment, and follow-up of the tuberculosis patient and contacts are provided. Medication, when needed, is available at the health department.

### **Women, Infants and Children (WIC) Nutrition Program**

WIC is a federal program designed to provide supplemental food to low-income pregnant, postpartum and breastfeeding women, infants and children until the age of five. The program provides a combination of nutrition education, supplemental foods, breastfeeding promotion and support, and referrals for health care. WIC has proven to be effective in preventing and improving nutrition related health problems. For more information on WIC, please visit the [State of TN WIC program](#) website.

*Please note that many of our services are income-based. Contact the Tipton County Health Department for more details.*