

Septe 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Labor Day Lunch
4 Closed	5 Tuna Salad Tomatoes Macaroni Salad Fruit Cracker	6 Baked Spaghetti Mixed Veggies Fruit Bread	7 Salisbury Steak Rice Pilaf Blackeyed Peas Fruit Roll	8 Grilled Chicken Green Salad Fruit Bread
11 Fish on a Bun Home Fries Carrot Slaw Fruit	12 Smoked Sausage Cabbage Corn Fruit Bread	13 Meat Loaf Spinach Potatoes Fruit Bread	14 Chicken Tenders Greens Hash Brown Casserole Fruit Bread	15 Cheeseburger Mixed Veggies Potato Salad Fruit Bread
18 Chicken Salad Pasta Salad Fruit Crackers	19 Pork Chop Pinto Beans Beets Fruit Bread	20 Chicken Parmesan Strawberry Spinach Sal Roasted Potatoes Fruit Bread	21 Sausage Links w/eggs Sliced Tomatoes Grits Fruit Bread	22 Fish Slaw Sweet Potato Fruit Roll
25 Taco Salad Roasted Beans & Corn Chips Fruit	26 Turkey Tetrzzini Spinach Fruit Bread	27 Tamale Pie Rice Mixed Veggies Fruit Bread	28 Pork Chop Green Beans Corn Casserole Fruit Bread	29 BLT Broccoli Salad Chips Fruit

All meals are subject to change due to the availability of items. Voluntary contributions are appreciated we use a combination of federal, state and local funds to cover the cost of \$6.68 per home delivery meal and \$7.68 per congregate meal so there is no cost to you the consumer. All contributions from you will go back into the center here. The cost of any guest is \$7.00 per meal. A guest is any one under the age of 60 and not a spouse of a qualifying adult are/and a volunteer for that day.