

Child's Name:



**CARE
NOTEBOOK**



SCAN FOR INFO

**Care Notebook for Families
with Children and Youth with Special Needs
Polk County, North Carolina**

Note To Providers

Care Notebooks are a great resource for families and for you too!

They can become an important part of your intake and orientation process for families with children with special health care needs. Please consider developing a policy for your Agency to always use this Care Notebook for each new client and throughout your service period for best results.

INTRODUCTION TO THE CARE NOTEBOOK

What is this notebook for?

- A way to simplify record keeping and store information about many services available to you and your child.
- A place to collect and organize the important papers that accumulate as your child grows.
- To keep track of information you receive for and about your child as he or she journeys through childhood and beyond.

How to get the most out of this notebook:

- Take your notebook with you to all scheduled appointments.
- Update the information in each section when you get new information.
- Review your child's health care with any health care provider or anyone who is not familiar with your child.

Make this notebook work for you:

- Create your own sections.
- Remove and rearrange pages to fit your needs.
- Personalize it with drawings, stickers, photographs, and special articles you find helpful.



SCAN FOR INFO

TABLE OF CONTENTS

Acknowledgements

Introduction to the Care Notebook

Chapter 1: All About my Child

Quick Reference (Family Contact Information; Emergency Contact Information;
Doctor; Allergies; Insurance Information)
Important Contact Information
My Child's Care Coordinators
Things You Need To Know About My Child to Support Him / Her
My Child Strengths
My Child's Birth Story

Chapter 2: Medical Information

Medical Home Overview
Having A Medical Home Means Your Child's Care Is:
Preventive Pediatric Health Care Chart
Medical and Developmental History
Height and Weight
My Child's Teeth
Medication Log
Allergic Reaction Tracking Form
My Child's Allergies
Tests / X-Rays / Labs
Emergency Department (Room) Visits / Hospitalizations
My Child's Emergency Medical Care
Equipment Log
Disposal of Unused Medications
Storage of Prescription Medications
Community Alternatives Program for Children (CAP-C)
Notes to Take To the Doctor
Immunization Chart Birth-18 years*
Portable Medical Summary- Emergency Information Form for Children with Special Needs

Chapter 3: Infant-Toddler Program Plan (Birth to 3 years old)

Notes To Take To The Individual Family Service Plan (IFSP)
IFSP Issues / Resolution Log
Transition Planning into the Preschool Program
Vision for the Future Form
Notes / Issues for Review at the Next IFSP Meeting
My Child's IFSP

Chapter 4: Pre-School Program Plan (3-5 years old)

Notes To Take To The Individual Education Plan (IEP)
IEP Issues / Resolution Log
Notes / Issues for Review at the Next IEP Meeting
Vision for the Future Form
My Child's IEP

Chapter 5: School Age K – Transition Program Plan

Notes To Take To The Individual Education Plan (IEP)
IEP Issues / Resolution Log
Notes / Issues for Review at the Next IEP Meeting
A Quick Summary of Transition Planning
School Information
My Child's IEP

Chapter 6: Transition to Adulthood

Vision for the Future Form
Health Care Coverage
Transition Changing Role For Youth Check List
Transition Changing Role For Families Check List
Children's Special Health Care Services Transition Timeline for Youth and Families
Health Care Transition Planning Sample Form
My Child's Transition to Adult Health Care Plan

Chapter 7: Mental Health/Developmental Disability

My Child's Person-Centered Plan or Individual Support Plan
Questions / Concerns Form for Care Providers

Chapter 8: Public Program/Financial Resources

Medicaid Fact Sheet
Health Choice
Social Security Income (SSI) Fact Sheet
Food Assistance Program
Prescription Assistance Fact Sheet

Chapter 10: Legal Papers

Legal Health Issues Fact Sheet
Medical Power of Attorney
My Child's Legal Paper *ie. Guardianship, Medical Power of Attorney*

Chapter 11: Helpful Websites, Resources Form

Alphabet Soup Acronym Index
Helpful Websites
Make a Calendar
Form Diet Tracking
Form Care Schedule
Form Appointment
Log Sign-In Log

ACKNOWLEDGEMENTS

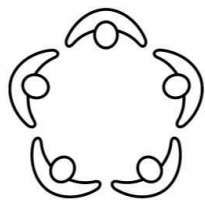
The basic content of this notebook was revised from the Mission Children's Hospital Family Support Network of WNC notebook, and edited by the Care Notebook Sub-Committee of the Innovative Approaches grant project through the Polk County Health and Human Services Agency and Polk Community Resources Collaboration.

The Innovative Approaches Initiative is supported through the NC Division of Child and Family Well-Being

With special thanks to the Polk County Schools Occupational

Preparation Class and their supporting teachers for the

assembling of this Care Notebook.



Innovative
Approaches

Partnering. Navigating. Thriving.



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Public Health



Revised 2022

SCAN FOR INFO