

Additional Resources

Use this section to keep track of additional local and state resources.

- Alphabet Soup Acronym Index
- Helpful Websites
- Recreation
- Mental Health and Crisis Resources
- Calendars
- Diet Tracking
- Care Schedule
- Sign in Log
- Appointment Log

Add additional Resources as you go!

ALPHABET SOUP ACRONYM INDEX

The following index lists acronyms used by professionals who work with families.

ADA	Americans with Disabilities Act
ADD	Attention Deficit Disorder
ADHD	Attention Deficit Hyperactivity Disorder
AIDS	Acquired Immune Deficiency Syndrome
ARC	The ARC: Advocates for the Rights of Citizens with Developmental Disabilities and their Families
ARNP	Advanced Registered Nurse Practitioner
BIA	Bureau of Indian Affairs
BD	Behaviorally Disabled
CAP-C	Community Alternatives Program for Children
CAP-IDD	Community Alternatives Program for people with Intellectual and Developmental Disabilities
CD	Communication Disorders
CDC	Centers for Disease Control and Prevention
CDS	Communication Disorders Specialist
CDSA	Children's Development Services Agency
CFR	Code of Federal Regulations
CP	Cerebral Palsy
CPS	Child Protective Services
CSHCN	Children with Special Health Care Needs
DCFO	
DD	Children's and Families Services Offices
DMHDDSA	Developmentally Disabled
DHHS	Division of Mental Health/Developmental Disability/Substance Abuse
DSB	Department of Health and Human Services
DVRS	Division of Services for the Blind
ECAC	Division of Vocational Rehabilitation Services
ED	Exceptional Children's Assistance Center
EEG	Emotional Disability
EFMP	Electroencephalogram
EKG	Exceptional Family Member Program (helps military families locate to areas with services)
EPSTD	Electrocardiogram
FAPE	Early Periodic Screening, Diagnosis, and Treatment
FRC	Free Appropriate Public Education
FI	Family Resources Coordinator
HMO	Hearing Impaired
HO	Health Maintenance Organization
HoH	Healthy Opportunities
ICC	Hard of Hearing
IDD	Interagency Coordinating Council
IDEA	Intellectual Developmentally Disability
IEP	Individuals with Disabilities Education Act
IFSP	Individual Education Plan Individual Family Service Plan

I & R	Information and Referral
ISP	Individual Service Plan
LD	Learning Disabled
LDA	Learning Disabilities Association
LEA	Local Education Agency
LICWAC	Local Indian Child Welfare Advocacy Board
LRE	Least Restrictive Environment
MCH	Maternal and Child Health
MD	Medical Doctor
MDT	Multi-Disciplinary Team
MH	Multiply Handicapped
MR	Mentally Retarded
MR/DD	Mentally Retarded/Developmentally Disabled Individuals
MS	Multiple Sclerosis
NICU	Neonatal Intensive Care Unit
NORD	National Association of Rare Disorders
OCR	Office of Civil Rights
OFM	Office of Financial Management
OI	Orthopedically Impaired
OSEP	Office of Special Education Programs
OSERS	Office of Special Education and Rehabilitation Services
OSPI	Office of Superintendent of Public Instruction
OT	Occupational Therapy/Therapist
OTR	Licensed and Registered Occupational Therapist
PAVE	Parents Are Vital in Education
P & A	Protection and Advocacy
PHN	Public Health Nurse
PL	Public Law
PT	Physical Therapy/Therapist
PTA	Parent Teacher Association
RCW	Revised Code of Washington (state law)
RN	Registered Nurse
RPT	Registered Physical Therapist
SBD	Seriously Behaviorally Disabled
SEA	State Education Agency
SEAC	Special Education Advisory Council
SEPAC	Special Education Parent/Professional Advisory Council
SLD	Specific Learning Disability
SSA	Social Security Administration
SSI	Social Security Income
STOMP	Specialized Training of Military Parents
SW	Social Work/Worker
TANF	Temporary Assistance to Needy Families
TAPP	Technical Assistance for Parents and Professionals
TASH	The Association for Persons with Severe Handicaps
TBI	Traumatic Brain Injury
TDD	Telecommunication Device for the Deaf
TRICARE	U.S. Department of Defense Health Care System
TTY	Telecommunication Device for Deaf, Hearing Impaired, and Speech Impaired Persons
VI	Visually Impaired
WAC	Washington Administrative Code
WACD	Washington Association for Citizens with Disabilities
WIC	Women, Infants and Children Supplemental Food Program
WSMC	Washington State Migrant Council
WSSB	Washington State School for the Blind

This list was adapted from and used with permission of PAVE.

HELPFUL WEBSITES

Local Resources

www.polkcollaborative.wixsite.com/polk Promotes public awareness, advocacy and the collaboration of agencies, families and the community. We strengthen services by addressing gaps and barriers for at-risk children and their families.

www.ecac-parentcenter.org/education/health.htm NC Family to Family Health Information Center (HIC): A state-wide resource providing health information and support to families with children who have special health care needs. Materials also available about transitioning from pediatric to adult health care.

<http://www.missionchildrens.org/family-support-network.php> Offering Parent-to-parent support, educational resources through workshops, family support groups, information packets, lending library, parent speaking panels, sibling workshops social events and much more. Serving Buncombe, Henderson, Madison and Transylvania Co.

www.FIRSTwnc.org A community benefit organization providing information, education, support and advocacy to persons with disabilities, their family and the community.

<http://vayahealth.com/> Vaya Health is a regional organization that coordinates high quality prevention, treatment, and support services for individuals and families in our communities with developmental disabilities, mental health, or, substance abuse needs. Vaya Health is responsible for managing, coordinating, facilitating and monitoring the provision of mental health, developmental disabilities and substance abuse services in the catchment area they serve.

<http://www.fifnc.org> First In Families of North Carolina provide family support for families or individuals experiencing developmental disability or traumatic brain injury across NC. FIFNC Lifeline project could provide needed financial support to a family in need if the family meets the requirements for eligibility.

www.cabarrushealth.org/190/Resoruce-Cafe: Connections and Access for Families through Education. The Tools section was designed to help families better understand and access needed services.

Statewide Resources

<http://www.ncdhhs.gov/dma/medicaid/capchildren.htm> Medicaid is a health insurance program for low-income individuals and families who cannot afford health care costs. Medicaid serves low-income parents, children, seniors, and people with disabilities. The Community Alternatives Program for Children (CAP/C - also known as the Katie Beckett waiver) provides home and community based services to medically fragile children who, because of their medical needs, are at risk for institutionalization in a nursing home.

<http://www.dpi.state.nc.us/ec> Exceptional Children Division assures that students with disabilities develop mentally, physically, emotionally, and vocationally through the provision of an appropriate individualized education in the least restrictive environment. Their website contains helpful parent resources, procedural safeguards, and parent rights handouts for download.

<http://www.ncei.org/ei/itp/cdsa.html> Children's Developmental Service Agency provides early intervention services to eligible children from birth to age three and their families.

<http://www.ncdhhs.gov/dph/wch/families/helplines.htm> NC Department of Health and Human Services: Children with Special Health Care Needs Helpline – for those living with, care for and concerned about a child with special health care needs. Information about potential health care programs and funding resources in NC.

<http://nccdd.org/> NCCDD has 40 members appointed by the Governor of which 60 percent are required to be people with intellectual or other developmental disabilities (I/DD) or family members. Others members include state legislators, top state agency officials and representatives of Local Management Entities/Managed Care Organizations (LME/MCO) and service providers. The Council meets quarterly and oversees both the provisions of the Developmental Disabilities Assistance and Bill of Rights Act (DD Act) and to assure the Council is a member-driven, effective, efficient organization. The NCCDD works on behalf of over 185,000 people with I/DD living in NC. The work of the Council is directed to help communities become more inclusive of people with I/DD and their families.

National Resources

<http://www.aap.org/> American Academy of Pediatrics

www.HealthyTransitionsNY.org For youth with developmental disabilities ages 14-25, family caregivers, service coordinators, and health care providers. It teaches skills and provides tools for care coordination, keeping a health summary, and setting priorities during the transition process. It features video vignettes that demonstrate health transition skills and interactive tools that foster self determination and collaboration.

<http://www.medicalhomeinfo.org/> Provides resources for health professionals, families, and everyone interested in creating a family-centered medical home for all children and youth.

www.growthcharts.com Height and Weight Charts for Children with Down Syndrome

Other versions of care notebooks and helpful forms can be downloaded at:

www.cshcn.org Information on care notebooks & emergency preparedness

<http://www.aap.org/hrtw.org>

www.FullLifeAhead.org

specialchildren.about.com/od/medicalissues/qt/notebook.htm

¿Necesita ayuda para encontrar recursos y servicios en Carolina del Norte para su hijo o joven con necesidades especiales de atención médica?



Línea de ayuda de Carolina del Norte para niños y jóvenes con necesidades especiales de atención médica

Es una línea de ayuda para los encargados del cuidado y para los profesionales que trabajan con niños y jóvenes que tienen, o están en riesgo de tener, afecciones crónicas físicas, de desarrollo, de conducta o emocionales y que necesitan servicios relacionados con la salud más allá de la atención que los menores necesitan generalmente.

1-800-737-3028

CYSHCN.Helpline@dhhs.nc.gov

Ofrecemos apoyo para atender una variedad de necesidades tales como:

- Servicios disponibles a través de los programas comunitarios y gubernamentales;
- Recursos que ayudan a pagar los medicamentos, equipo/suministros, dispositivos de adaptación, servicios básicos o alimentos;
- Proveedores de atención médica y de servicios dentales a su disposición;
- Información acerca de cómo encontrar servicios si se muda a Carolina del Norte o lo hace dentro del mismo estado;
- Transiciones de atención médica, tutela y alternativas de tutela.



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Child and Family Well-Being

Departamento de Salud y Servicios Humanos de Carolina del Norte

• División de Bienestar de Niño y Familia • Sección de la Salud Integral del Niño • www.ncdhhs.gov • NCDHHS es un empleador y proveedor que ofrece igualdad de oportunidades. • 5/22

Resources

nc211.org

www.vayahealth.com

FINDHELP.ORG



Child and Youth Services Resource Guide

- Resources for child-serving agencies about Medicaid services available through Vaya
- How to access routine and emergency care
- DSS escalation strategies

Vaya Health
December 2021



JOIN US

- **FREE WEEKLY MEETINGS IN POLK COUNTY**
- **CONFIDENTIAL AND SAFE ENVIRONMENT**
- **SUPPORT & LAUGHTER DURING TOPICS**
- **QUALITY CHILDCARE PROVIDED**



Polk County Circle of Parents



Funded by The
Partnership for Children
of the Foothills



Make new friends and
find support with others

Childcare & snacks
provided

FREE local weekly
meetings to discuss the
ups and downs of
parenting young children

**WELCOMING SAFE
SUPPORTIVE
Environment**

**PROGRAM FACILITATOR:
OLIVIA WHITESIDE
CONTACT:
OLIVIA@PFCFOOTHILLS.ORG**

Recreation

⇒ Special Needs Baseball

<https://www.facebook.com/WNCSpecialNeedsSports/>

⇒ Special Olympics – Polk County

<http://sonc.net/local-programs/polk-county/>

[Facebook.com/Special-Olympics-NC-Polk-County-12665005716786007/](https://www.facebook.com/Special-Olympics-NC-Polk-County-12665005716786007/)

(828) 817-4404

⇒ Summer Camps

★ Check with your local school system in late Spring for the most updated Special Needs Summer Camp directory.

Camp Tekoa Special Needs Camps

<https://camptekoa.org/camps/special-needs>

Talisman Camps – Summer camps for kids with Aspergers, Autism, and ADHD <https://talismancamps.com/>

⇒ TRACK Trails

Self-guided network of family-friendly outdoor adventures with trails located across the US, including many in WNC. Many are accessible for children of all abilities.

<https://www.kidsinparks.com/>

⇒ YMCA – multiple youth programs and summer camp options

www.spartanburgymca.org/branch/polk/-county

MAKE-A-CALENDAR FORM Month____Year ____

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

DIET TRACKING FORM

DATE	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Tube Feeding							
Breakfast							
Lunch							
Dinner							
Snacks							
Notes							

CARE SCHEDULE

[illegible]

CARE SCHEDULE

[illegible]

APPOINTMENT LOG				
Date:	Care Provider:	Reason for Appointment:	Care Provided:	Next Appointment Date / Time

[illegible]

SIGN-IN LOG

Date:	Name of Care Provider:	Reason for Appointment:	Type of Contact:	Result:
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